

**11th Annual  
Day of Caring  
Tuesday, October 2, 2018  
The Alley, Hektner Student Center, NDSCS**



United Way of Richland-Wilkin needs teams of volunteers to help area senior citizens with various projects for the Annual Day of Caring, on **Tuesday, October 2, 2018**.

Day of Caring allows you/your company to be active in helping the community and enhances teamwork amongst colleagues. It also offers you/your employees/friends the opportunity to have fun with coworkers outside the workplace while working on a constructive, worthwhile project!

Teams may work on indoor and/or outdoor tasks. These jobs may include/but are not limited to: washing windows, installing storm windows, preparing yard/gardens for winter, general cleaning or small repair projects, interior or exterior painting. Depending on the scale of the requested projects, teams may be asked to visit more than one senior citizen. The tools and materials needed for the projects will be provided by the recipients.

**October 2nd Day of Caring Agenda**

- 8:30-9 a.m. Team registration @ The Alley, NDSCS Hektner Student Center**
- 9 a.m.-12 p.m. Service projects at homes of seniors in Wahpeton & Breckenridge**
- 12:00-12:30 p.m. Lunch for teams coming back & going out @ The Alley, NDSCS**
- 12:30-1 p.m. Team registration @ The Alley, NDSCS Hektner Student Center**
- 1-3 p.m. Service projects at homes of seniors in Wahpeton & Breckenridge**

**To sign up your team, complete and mail or email the registration form below by Monday, September 17, 2018**  
The team's contact person will be sent team instructions and their assigned senior's information.  
If you have questions, please contact Colette at 642-1250 or email [colette@unitedwayrw.org](mailto:colette@unitedwayrw.org)

**Day of Caring Team Registration**

**Submit to United Way office by Monday, September 17, 2018**

**NDSCS STUDENTS DROP OFF AT THE CUSTOMER SERVICE DESK IN THE HEKTNER STUDENT CENTER**

**Please have all team members sign and return a waiver form (copy enclosed)**

Company \_\_\_\_\_ Team Captain/Contact Person \_\_\_\_\_

Contact Phone #: Work \_\_\_\_\_ Cell \_\_\_\_\_

Email address \_\_\_\_\_

Team Member Names	Shirt size (M, L, XL, 2XL)	Phone #	Email Address	Physical Limitations	Time available Am shift/PM shift <i>Please circle time available</i>
					9-Noon or 1-3 p.m.
					9-Noon or 1-3 p.m.
					9-Noon or 1-3 p.m.
					9-Noon or 1-3 p.m.
					9-Noon or 1-3 p.m.

**\*If you do not have 3-5 people to form a team we will assign you a team for your participation in the Day of Caring event.**

SEE OTHER SIDE FOR INSTRUCTIONS

# Participant Waiver Statement

ALL PARTICIPANTS MUST SIGN A COPY OF THIS FORM BEFORE PARTICIPATING IN THE DAY OF CARING!

**LIABILITY DISCLAIMER:** In accordance with the spirit of volunteerism and service, I, the undersigned, assume full and complete responsibility for any injury or accident that may occur to me during my voluntary participation in the 2018 Day of Caring activities. Therefore, I hereby release, indemnify, and hold harmless United Way of Richland-Wilkin, the organizers, the agency or project site at which I volunteer and sponsors and supervisors of all activities from any and all liability in connection with any injury (including any injury caused by negligence), in conjunction with volunteer activity on **Tuesday, October 2, 2018**. I acknowledge that there are certain foreseeable and unforeseeable risks associated with participating in this event, including, but not limited to, illness, traveling to and from the event, and the effects of the weather, all such risks being understood and appreciated by me.

**COMMUNICATIONS RELEASE:** I hereby assign the rights for video and /or photographic recording(s) made of me on **Tuesday, October 2, 2018** participating in volunteer activity by United Way of Richland-Wilkin or its agencies. I hereby authorize the editing, duplication, reproduction, copyright, exhibition, broadcast and or nonprofit use and distribution of said recordings for purposes deemed suitable by United Way.

I hereby waive any right to approve the finished products.

I certify that I am over eighteen years of age and am competent to enter into this release.

I have read the foregoing releases, authorizations, and agreements, before affixing my signature below and warrant that I fully understand their contents.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name (please print): \_\_\_\_\_

Company or Organization: \_\_\_\_\_

Phone: \_\_\_\_\_ E:Mail \_\_\_\_\_

RETURN COMPLETED FORM TO:

United Way of Richland-Wilkin  
PO Box 746  
Wahpeton, ND 58075

Website: [www.unitedwayrw.org](http://www.unitedwayrw.org) Email: [colette@unitedwaywrrw.org](mailto:colette@unitedwaywrrw.org) Phone: 701 642-1250

## Responsibilities of the Team Captain or Contact Person

- Register the Team with the United Way office
- Have commitment of at least 2 hour shift from team members
- Ensure that all team members have signed and turned in a waiver form
- Communicate any instructions to your team
- Contact the assigned recipient prior to the actual Day of Caring
- Notify the United Way if members of your team are not able to participate
- Make sure all team members check-in at the The Alley, NDSCS Hektner Student Center before and after your session

Thank you for lending a helping hand to show you care for our community!



United Way  
of Richland-Wilkin

### **What is *Day of Caring*?**

*Day of Caring* is a mobilization of volunteers to celebrate the spirit of giving through service by providing a day of meaningful volunteer opportunities to individuals of the community. Volunteers are assigned to assist the seniors and homebound folks of our community and tackle meaningful volunteer projects.

Some projects may include painting a room, cleaning out a flowerbed, or sorting canned food, cleaning out and wiping down cupboards, cleaning ceiling fans, shampooing carpets, moving furniture, cleaning the garage, washing walls, trimming hedges or any projects that will assist with home care.

### **When is *Day of Caring*?**

Tuesday, October 2, 2018

8:30 a.m. (Registration)

9:00 a.m. Start projects throughout the day until 3:00 p.m.

### **Who will the volunteers be participating in the *Day of Caring*?**

Businesses, employee groups from local corporations, church groups, youth groups, civic and philanthropic groups, United Way supporters, and any caring individual. Everyone is welcome to perform community service tasks to help fellow community members.

### **Why is *Day of Caring* so important?**

- *Day of Caring* demonstrates that volunteer efforts are vital to the well-being of our community.
- *Day of Caring* provides volunteers with a firsthand look at needs that make an impact on people's lives.
- *Day of Caring* showcases our communities' volunteer efforts and promotes the spirit of caring throughout the year.
- *Day of Caring* provides many community members with much-needed volunteer assistance.
- *Day of Caring* is a great team building exercise for families, service organization or employees.